

COVID-19 TIPS FOR CHILDCARE PROVIDERS

STEP 1

PARENT COMMUNICATION

- Update emergency contact information
- Set up a way to connect with your families remotely. Some great options include Remind.com, text message or a private Facebook group.
- Update families on practices you are following to protect both their children and your employees (wellness checks, social distancing, cleaning and pick up and drop off procedures).

TOOLS AVAILABLE

- Template letters available on the Google Drive

STEP 2

PICK UP AND DROP OFF

- Stagger arrival and/or dismissal times if possible. This approach can limit the amount of close contact between children and parents in high traffic situations and times.
- Do not let family members come inside for pick up and drop off.
- Those that enter the building must immediately disinfect and wash their hands.

TOOLS AVAILABLE

- Hand Washing with Baby Shark
<https://www.youtube.com/watch?v=L89nN03pBzl>

STEP 3

WELLNESS CHECKS UPON ARRIVAL

- Every child is required to do a wellness check when entering programming.
- Children who are sick and showing symptoms of COVID-19 will be unable to participate in programming.
- Symptoms include a fever of 100.4 degrees or higher **AND** any respiratory symptoms including:
 - Cough
 - Runny Nose
 - Sore Throat

Children excluded for fever and cough should stay home until they are 72 hours fever-free without the use of fever reducing medication. Or for 7 days after the illness began.

TOOLS AVAILABLE

- <https://www.cdc.gov/coronavirus/2019-nCoV/>
- <https://www.yolocounty.org/Home/ShowDocument?id=62366>

STEP 4

CLEAN, CLEAN, CLEAN!

- Clean surfaces before AND after activity. Wash hands before and after meal time.
- Discontinue tooth brushing.
- Prohibit children from bringing in toys from home.
- Use only toys and teaching materials with hard, easy to clean surfaces. Temporarily remove toys that are not easily cleanable such as stuffed animals and pillows.
- Rotate the toys so that they can be adequately cleaned and sanitized.
- Conduct thorough cleaning and disinfection of high touch surfaces (for example: doorknobs, light switches, handles, tables, toilets, chairs, faucets, sinks, counters, shelves).

TOOLS AVAILABLE

- <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

STEP 5

ADJUSTING YOUR ROUTINES

ACTIVITIES AND PLAY

- Clean surfaces before AND after activity.
- Plan activities that do not require close physical contact between children.
- Suspend sensory play activities.
- Increase distance during circle time and group times.
- Limit the number of children at each learning center or area to one or two at a time.
- Childcare providers should wear masks while caring for children, and encourage children 3 and over to wear masks.

MEALTIME

- No family meals.
- Keep distance of 3-6 feet between each child.
- Disinfect meal area before AND after meal time. Wash hands before AND after meal time

NAPTIME

- Increase space between mats to six feet. If not possible, space mats as far apart as possible and place children in a toe-to-toe or head-to-toe arrangement.
- Ensure that no children are sharing bedding and bedding does not touch when stored.

PLEASE GO TO [GOOGLE DRIVE](#) FOR MORE SPECIFICS ON HOW TO ADJUST YOUR ROUTINE

FOR MORE INFORMATION ON YOLO COUNTY MANDATES VISIT:

<https://www.yolocounty.org/Home/ShowDocument?id=62366>